Pool Schedules and Programs

Pool Schedule	lone	Plymouth	Sutter Creek	Jackson
Pool Season	June 6 – Sept. 4	June 7 — Sept. 4	June 7— Sept. 4	June 5 — Sept. 4
Weekends Only	August 6– Sept 4	August 6— Sept 4	August 6 - Sept 4	August 6– Sept 4
Day Swim	12:00pm - 7:00pm	12:00pm – 7:00pm	12:00pm – 7:00pm	12:00pm - 6:00pm
Adult Lap Swim	None	None	None	Sat & Sun 6:00 pm- 7:00 pm
Night Swim	None	None	7:00pm - 8:30pm	None
Weekend Hours	Sat 12:00pm – 7:00pm	12:00pm – 7:00pm	12:00pm – 7:00pm	12:00pm – 7:00pm

Swim Lesson Level Descriptions

Non-Swimmer Tots:

3 years old only! No Exceptions

Non-Swimmer (4yrs +) :

4, 5, and 6 years old with no previous lessons or need more instruction.

Junior Polywog:

5 and 6 years old (or Older), first lesson in big pool. Must be able to float on stomach & back with assistance and not fear deeper water.

Senior Polywog:

6 and 7 years old and up. Must be able stomach & back float and do beginning crawl.

• Junior Goldfish (Beginner):

8 years old and up. Must be able to stomach & back float, beginning crawl stroke, & combined stroke on back. Class taught in 9 feet of water.

• Senior Goldfish (Advanced Beginner):

Must be able to front crawl for 20 yards and move on back for 10 yards.

• Junior Dolphin (Intermediate):

Must be able to front crawl with breathing for 25 yards, elementary backstroke for 25 yards, and do a standing front dive.

• Senior Dolphin (Swimmer):

Front Crawl for 100 yards, elementary backstroke for 50 yards, breaststroke or sidestroke, and tread water for one minute.



Recreational Swim Fees

Daily Admission

Child (17 & Under):	\$5.00
Adult (18yrs-54yrs):	\$6.00
<u>Senior (55+)</u> :	\$5.00
Lap Swim:	\$5.00
<u>Night Swim</u> :	\$5.00
Courses and Month	by Desease

Season and Monthly Passes

Family Season Pass*	\$175.00
Family Monthly Pass	\$96.00
*Immediate Family Only - 6 members or les	s. Each
additional family member: \$18.00/season,	\$6.00/monthly.
Individual Season Pass	\$66.00
Individual Monthly Pass	\$48.00
<u>Season Lap Swim Pass</u>	\$60.00
Monthly Lap Swim Pass	\$42.00

Swim Lesson Cost

Standard 2-Week Session:	\$60.00
Half Session (1 Week):	\$35.00

For children age 3 or younger Swim

diapers required.

Swim Lessons & Training

Session 1 - Jackson (June 6-10 & June 13-17)

A: Non-Swimmer Tots (3yrs old), Jr. Polywogs 11:00am - 11:30am B: Non-Swimmers (4yrs +), Sr. Polywogs 11:30am - 12:00pm C: Sr. Polywog, Jr. Goldfish 6:00pm - 6:30pm 6:30pm - 7:00pm D: Jr. Polywog, Sr, Goldfish Session 2 - Sutter Creek (June 13-17 & June 20-24) A: Jr. Polywogs, Sr Polywogs 11:00am - 11:30am B: Jr. Polywogs, Sr. Polywogs 11:30am - 12:00pm Session 3 - Ione (June 20-24 & June 27-July 1) A: Jr. Polywogs, Sr Polywogs 11:00am - 11:30am B: Jr. Polywogs, Sr. Polywogs 11:30am - 12:00pm Session 4 - Jackson (June 20-24 & June 27-July 1) A: Non-Swimmer Tots (3yrs old), Jr. Polywogs 6:00pm - 6:30pm B: Non-Swimmer (4yrs +), Sr. Polywog 6:30pm - 7:00pm Session 5 - Plymouth (July 11-15) A: Jr. Polywog 6:00pm - 6:30pm B: Sr. Polywog 6:30pm - 7:00pm Session 6 - Jackson (July 11-15 & July 18-22) A: Non-Swimmer Tots (3yrs old), Sr. Goldfish 11:00am - 11:30am B: Non-Swimmers (4yrs +), Jr. Polywog, Jr. Goldfish 11:30am - 12:00pm C: Jr. Polywogs, Sr. Dolphins 6:00pm - 6:30pm D: Jr. Dolphin, Sr. Polywogs 6:30pm - 7:00pm Session 7 - Jackson (July 25 - 29 & August 1-5) A: Non-Swimmer Tots (3yrs old), Sr. Dolphins 11:00am - 11:30am B: Jr. Dolphin, Non- Swimmer (4yrs +) 11:30am - 12:00pm C: Jr. Polywog, Jr. Goldfish 6:00pm - 6:30pm

D: Sr. Goldfish

6:30pm - 7:00pm

IIMC	<u>owim Lessons Kegistration Form</u>	<u>stration rorm</u>		
Please circle which pool the lessons will be at:	IONE	ΡΓΥΜΟυτΗ	JACKSON	SUTTER CREEK
Participant Information:				
Name:				Age: Sex:
Mailing Address:		City		ST:ZIP:
Phone:	Cellular:			
Desired Session/Time:				Class Level:
Emergency Contact Information:				
Parent/Guardian Name:				
Emergency Contact Phone: 1:		2		

Does the Participant have any medical conditions which the instructor should be aware of? (Examples: diabetic, seizures, asthma, etc...) 0 Z YES Circle One:

lf yes, please give specific conditions:

on-duty g \$ give P 95685, S r Blvd., Suite 100, Sutter Creek, or \$30.00/half-session lesson fee. Conductor lifeguard. Include: \$50.00/two week session lesson fee at 10877 ACRA mail to: P f U drop Please

AMADOR COUNTY RECREATION AGENCY

The Amador County Recreation Agency (ACRA) is proud to bring swimming lessons to lone, Plymouth, and Sutter Creek pools. ACRA will provide trained Swim Instructors to give up-todate swimming techniques and teach safe recreational swimming.

- We are committed to the safety of our patrons.
- Our lifeguards are hired to watch over swimmers in the pool, not oversee children in the park area.
- Patrons who do not obey lifeguard instruction may be subject to expulsion from the pool.
- Children ages eight (8) and under must be accompanied by an adult. Children ages nine (9) and older do not require adult supervision.

CLOSURE POLICY

The Amador County Health Codes dictates that the pool will be closed due to fecal contamination. The pool will also be closed on poor air quality days and during lightning storms.



Summer 2022 Ione, Plymouth, Jackson & Sutter Creek Pool



For Information Contact or Visit ACRA: 10877 Conductor Blvd. Suite 100 Sutter Creek, CA 95685 Phone: 209-223-6349 Website: www.goacra.org Facebook: facebook.com/goacra E-mail: mdondero@amadorgov.org